

# Business Name

Address Line 1

Address Line 2

Phone • Email

## Additional Services Menu

### **Hot Towel Wrap – Add \$5**

-Includes the use of one or more hot towels during your massage to ease tight muscles and increase circulation.

### **Deep Tissue - Add \$10**

-Your therapist will use moderate to heavy targeted pressure throughout your session to address specific areas of acute or chronic pain.

### **Essential Oil Aromatherapy – Add \$10**

-Incorporates the use of essential oils during your session to provide a variety of physical and mental benefits. Additional oils are available for purchase.

### **Reflexology Massage – Add \$20**

-Reflexology is focused on manipulation of the hands and feet to address conditions both internal and external.

### **Lymph Drainage Massage – Add \$20**

-Lymph Drainage is complete body detoxification, manually moving the fluid that cleans the cells towards the lymph node sites.

\*\*\*Consult your therapist during your pre-massage intake with any questions or concerns regarding these services\*\*\*

### **GROUPON, LIVING SOCIAL, and DAILY DEAL**

**Customers:** Your discounted price covers our basic 60-Minute Advantage Massage. The above listed services will incur an additional fee. Your coupon does not include gratuity.

## Meet Your Therapist

**SAMPLE**



### **Name**

Massage Therapy and Chiropractic Care have played an important role in Scott's life since High School, when he sought treatment for chronic pain from years of playing football. Scott decided that due to his interest in *Alternative Medicine, Physical Fitness, and Musculoskeletal Anatomy*, Massage Therapy was the right path for him.

In 2012, he began his training at Centerpoint Massage and Shiatsu Therapy School and Clinic in St. Louis Park. He specializes in working with athletes and has had the opportunity to work at the Medtronic Twin Cities Marathon in 2013, and in 2014 worked on participants of the Boston Marathon and at the Cargill Tent at the Bike MS150 Event. He also works at Synergy Health and Rehabilitation as a Rehabilitation Specialist, working closely with Dr. David Freidson to restore the health of patients with chronic or acute pain.